

GYM SCHEDULE

The gym is open Monday thru Friday from 7-9am and 11a-9p AND Saturday from 10a-2p**

League contacts: **Volleyball** – Alain Domingo, ext 7060

Soccer – Joe Piacentino, ext 4616

Badminton – Jay Adams, ext 4994

Basketball – Rich Sanchez, ext 2534

Afternoon		Evening	
Monday - A side	11-2 Basketball	Monday - A side	5-9 Volleyball
Monday - B side	11-12:15 Badminton 12:15-1 Kardio Kickboxing 1-2 Badminton	Monday - B side	5-9 Volleyball
Tuesday - A side	12-1 General Activities	Tuesday - A side	5-9 Basketball - want to join us? https://lists.bnl.gov/mailman/listinfo/hoops-l
	1:30-3 Soccer		
Tuesday - B side	11-1 Badminton	Tuesday - B side	5-9 Badminton
	1:30-3 Soccer		
Wednesday - A side	11-2 Basketball	Wednesday - A side	5-9 Volleyball
Wednesday - B side	11-3 Badminton	Wednesday - B side	5-9 Volleyball
Thursday - A side	11-2 Volleyball	Thursday - A side	5-7:30 Basketball
Thursday - B side	11-12:15 Badminton 12:15-1 Kardio Kickboxing 1-2 Badminton	Thursday - B side	5-7:30 Basketball 7:30-9 Badminton
Friday - A side	11-2 Basketball	Friday - A side	5-9 Family Night
Friday - B side	11-3 Badminton	Friday - B side	5-9 Family Night
Saturday – A side	10-2 Volleyball		
Saturday – B side	10-12 Basketball 12-2 Badminton		

Revised 11-24-15

** Gym & Pool are closed weekends from Memorial Day and will re-open after Labor Day.