## **Eligibility Requirements:**

Employees will not be allowed to play until they have submitted a <u>Medical Clearance</u> <u>Questionnaire</u>. After filling in form, Print, Sign and send completed form to OMC, Bldg. 490.

Non-employees are not required to fill out the BERA Sports Clearance form. However, after receiving their family badge, the qualifying family member must fill-in and sign the <a href="Proof-of-Medical Form">Proof-of-Medical Form</a> and show the Captain of your team proof of insurance. The Recreation Office (Bldg. 400) and/or your team captain will keep this receipt on file.

Rosters will be updated with OMC clearance status prior to the start of the season.

## Things every player should know:

- 1. Players are prohibited from consuming alcohol at the games until each teams submits an **Alcohol Permission Form**. Spot checks will occur during the season.
- 2. ALL INJURIES should be reported to Adam Marone and the softball board no later than 10am on the following day. Include the injured person's name, date, approximate time, injury, severity, and a description on how the injury occurred.
- 3. Remember to stretch before playing (See the **Softball Warmup**).
- 4. If your bat is not on the Town of Brookhaven Approved Bats List, it is illegal and cannot be used.
- 5. Players should be aware of **BERA League Rules**.
- 6. Updated information & rainout postponements can be heard AFTER 4 PM by calling the **Softball Hotline x2737**.