



March 2018  
Volume 2, Issue 3

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Want to contribute to this newsletter?  
Send your submissions to:  
[srestmeyer@bnl.gov](mailto:srestmeyer@bnl.gov)

### WE NEED STUFF!

Anything you want to contribute: Articles, reviews, personal experiences, pictures, items for sale, events, announcements, etc. Don't hesitate to send it in to Scott Restmeyer at [srestmeyer@bnl.gov](mailto:srestmeyer@bnl.gov). You'll be glad you did, and so will we!

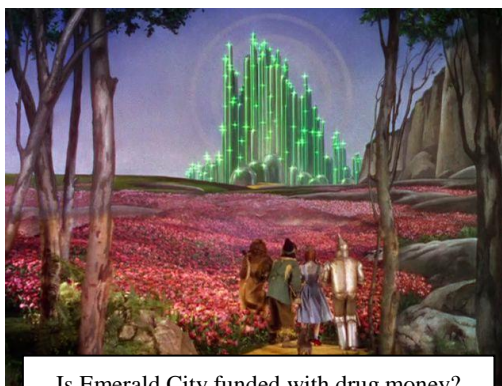
# The CYCLETRON

*A newsletter for the motorcycle enthusiast*

## A Message from Our Club President

By Scott Restmeyer  
[srestmeyer@bnl.gov](mailto:srestmeyer@bnl.gov)

It's March, and spring is in the air. With the days getting longer, and the temperatures going up, you might be feeling a bit like Dorothy from the Wizard of Oz standing at the edge of the Haunted Forest looking at Emerald City in the distance. She wanted so much to get home to Kansas that she abandoned all caution and took off like a bat out of you know where. After all, what did she have to fear? On her first day in Oz she killed a wicked witch, rescued a scarecrow, reanimated a rusty tin man and saved Toto from the jaws of a lion. But, in her haste, she neglected to consider one important fact. Sprinting through acres of blooming poppies can have some serious side effects.



Is Emerald City funded with drug money?

Like Dorothy, we can get so eager to get back in the saddle that we forget that we spent the last few months on four wheels instead of two. But we have much more at stake than not getting back to Kansas. That's why it's important to approach the new riding season with caution. Even though winter is fading, hazards such as sand and salt may lurk around any bend. In addition, drivers are not accustomed to sharing the road with motorcycles, so they can be unpredictable and dangerous. And we can create hazards on our own. Jumping on your bike and going for a ride after

it's been sitting idle for a few weeks, or longer, without first doing a safety check can have catastrophic consequences.

Now consider that it's been a year since last spring. So that makes us all a year older (sometimes the truth hurts). Plus we, more than likely were not as active over the cold winter months. And we're going to throw our leg over a machine that can weigh from 300 lbs. to close to 1000 lbs and expect to maneuver it as we did at the end of last season? That's wishful and dangerous thinking.

Spring is the time we should be reacquainting ourselves with our motorcycle. Throttle sensitivity, other controls, weight distribution and handling during braking and cornering just to name a few. It's also a time to readjust our mindset from driving a car, to riding a motorcycle, with increased risk of injury or worse.

Thankfully our Safety Officer, Scott Orban, is on the job. In the near future he will be announcing an onsite "refresher" course to help get us back into the right mindset for the coming riding season. I encourage everyone to take advantage of this opportunity. You are guaranteed to come away better prepared for the season. And check out the Safety Zone every month for more valuable information to help keep you safe all season.

Like you, I am looking forward to the 2018 riding season, with hopes that it is a fun and successful one for the Cycletrons. That can only happen if every ride, that every member takes, ends back in their own garage. Because, as we all know, there's no place like home.

## *The Safety Zone* with Scott Orban

The following is an excerpt from an American Motorcycle Association (AMA) article “Street Survival 101: 33 tips that will help you ride smarter”. If you are not an AMA member already, consider joining. It comes with many benefits.

1. Every time you ride, **give your motorcycle a quick visual inspection** for things like loose parts, leaking fluids or obviously low tire pressures. Regularly, give it a more complete check, using all the necessary tools.
2. **Clear your mind before you even start your bike.** We all get preoccupied by work, issues at home, even the outcome of a basketball game. But when you're on the bike, you have to focus on riding. Each time you switch on the ignition key, switch on your brain, too.
3. From the moment you get on the road, train yourself to use the Motorcycle Safety Foundation's **SIPDE** method for staying out of trouble: **Scan** the road in front of you. **Identify** potential hazards. **Predict** what will happen. **Decide** how to avoid problems. **Execute** your plan. Do it all the time, and you'll drastically reduce the number of dangerous situations you face.
4. Another exceptionally valuable technique is also one of the simplest: **Look where you want to go**, because the bike will go where you look. Don't stare at that upcoming pothole—instead; look at the clear pavement next to it. Don't fixate on the car turning left in front of you—instead, focus on the opening being created as it moves past, since that's your escape route. At times, it may take a real mental effort to pull your eyes away from an obstacle, but if you can see your way through trouble, chances are you can ride there.
5. It should go without saying, but **don't get on your bike if you've been drinking.** Your odds of being involved in a crash—and going to jail, being fined, losing your license and having your motorcycle impounded—go up enormously. Just don't do it.
6. **If you're on a bike that's new to you**, or you're riding under unfamiliar conditions (mountain roads, rain, etc.), you're statistically more likely to crash. Slow down, focus and take extra care.
7. Need to tune up your skills after a winter layoff or to get more comfortable on a new bike? Find a deserted parking lot and **do some tight figure-eights and brake tests** before you face the real world. Keep at it until you feel truly in control of the machine.
8. Be aware that nailing the brakes isn't the only way to avoid a crash. Sometimes, **swerving or even speeding up** will get you out of trouble more easily.
9. Remember that in the famous Hurt Study in 1981, **the most common accident situations** involved oncoming cars turning left in front of motorcyclists, or cars pulling out from parking lots or side streets on the right. Things have changed a lot in the years since, but those two circumstances remain particularly hazardous. Ride like drivers don't see you in those circumstances, because they may not.
10. With those kinds of hazards in mind, **play a “what-if” game** as you ride. What if the car you're following slams on its brakes? What if the car on the cross street doesn't stop for the stop sign? What if the truck on your right suddenly swerves into your lane? Could you avoid it?
11. What's the best lane position for riding? The left tire track? The right tire track? The center? You can get all kinds of answers, but your real priority shouldn't be lane positioning at all. It should be “traffic positioning.” Try to **create a bubble of space around yourself.** If there's a car exiting a parking lot on your right, move to the left. If there's an oncoming car that could turn left, move right. If there's traffic around you, position yourself so you have the maximum cushion on all sides.
12. On crowded freeways, **the most dangerous place to be is often the right lane**, where cars are constantly merging in and out. If you don't need to exit anytime soon, traffic positioning tells you that you're probably better off in the left lane, away from all the merging action. But don't get over there unless you're comfortable with the speed of traffic in the left lane—you don't want to trade the hazards of merging cars for the hazards of faster cars closing in on your tailpipe.
13. **Most traffic tends to move in clumps**, separated by open spaces. Instead of rolling along in the middle of a clump, speed up or slow down to get yourself into one of the open spaces.
14. You can use traffic positioning in other ways as well. On crowded roads, don't just stare at the back of the car in front of you. Put yourself in a position where you can **look through its windshield** at cars farther ahead. Or move to a spot that lets you see around a truck or car that blocks your vision.
15. Changing lanes? Always **use your head.** Swivel your neck to check your blind spot so you don't change lanes into someone else. A head check can save your life.
16. In general, it's easier to **change lanes into a spot that's in front of you**, rather than behind you. See your spot, flip on your turn signal, do your head check and accelerate into it.

(Continued on page 3)

**The Safety Zone** with Scott Orban (continued from page 2)

17. Remember that all other vehicles have blind spots, too. This is a particular problem around semi-trailers. For example, to prove a point, demonstrators have been known to place as many as four cars and 28 motorcycles behind and to each side of a parked semi without any of them being visible from the driver's seat. Rule of thumb: **If you can't see the driver's rearview mirrors, the driver can't see you.**
18. Want to improve the odds that other drivers will see you? **Don't wear black.** Bright-colored riding clothes can make you more visible anytime, while a yellow or orange rain suit, with reflective stripes, will help you stand out when visibility is at its poorest.
19. You can also use your headlight to make yourself more visible. In many states, it's legal to **run your high beam during daylight hours** to help drivers notice you more. Just be sure to switch back to the low beam as soon as you see car drivers turning on their headlights. You can also purchase a headlight modulator that attracts attention to your bike.
20. Be aware of seasonal hazards. In winter, ice and snow are the obvious problems, but **salt can also reduce your traction** long after the snow is gone. In spring, **road conditions are at their worst**—watch for cars swerving to avoid potholes. In summer heat, highway **crack sealer can turn very slippery.** And in fall, **wet leaves are among the slickest surfaces known to man.**
21. Construction zones are another hazard associated with summer. If you find yourself on a multi-lane road that's being paved and one lane is an inch or so higher than the other, **try to ride in the higher lane.** It's always easier to move from high to low than the other way around.
22. Be equally aware of hazards associated with different times of day. In the early morning, **watch for dew and frost on roads.** Through the daylight hours, you have to contend with **sun glare and the highest traffic loads of the day.** Sunset is the time when **animals are more active,** while evening and overnight hours bring the **greatest risk of drunk drivers.** You can probably add hazards of your own. For instance, it seems the closer you get to quitting time on Friday, the more self-absorbed the drivers of other vehicles get.
23. Sunset and sunrise can create severe visibility problems. If you can see your own shadow ahead of you, **the drivers of oncoming cars will be staring right into the sun.** Assume that they can't see you.
24. Of course, rain is a hazard anytime. Be aware that **roads will be slickest** shortly after it starts raining as the water combines with oil on the road surface. Especially slick are lane markers and other lines painted on the road..
25. Riding with a group of motorcyclists can be fun, but remember to **ride your own ride.** If you're not comfortable with the pace of another rider, slow down. Don't rely on anyone else to make safety decisions for you.
26. Alone or in a group, if you're doing something on your motorcycle that **makes you feel like you're in over your head,** you probably are. This is a sign that it's time to slow down.
27. What's the most dangerous animal in America? Bears? Wolves? Sharks? Not even close. **More people are killed in collisions with deer** than in all types of animal attacks. Remember that if you see one deer cross the road, chances are good there are more where that one came from. Slow down and look for the second, third and fourth members of the group.
28. The most dangerous places on surface streets are intersections. As you approach an intersection, scan in all directions so you know what's likely to happen. But before you slow down, also **check your mirrors** to see what's coming up behind you..
29. **Be especially careful when you come up behind a car that's turning left** at an intersection. Oncoming cars may not see you, and they're more likely to turn left in front of you.
30. When you stop at an intersection, **leave enough room between you and the car in front** so that you can pull to the left or right in an emergency. **Keep your bike in gear,** so you're ready to take evasive action if a car behind you isn't going to stop in time.
31. Pulling into a parking place? **Check the surface carefully.** Parking lots can be repositories for all sorts of slippery substances like oil, coolant and water. Even if you don't fall down while parking, these could coat your tires and give you a nasty surprise later
32. Parking garages and tollbooths also have another hazard—those automatic traffic-control arms. They can be notorious for **not going up quickly enough or dropping too soon.** One solution is to look for a lane with a human being who will take your money and actuate the gate.
33. Finally, if you're feeling tired during a long day on the road and can't decide whether you should stop and take a break, that's a sure sign that you should **stop and take a break.**

For information on available motorcycle safety training, contact Scott Orban at extension 5520, or email: [orban@bnl.gov](mailto:orban@bnl.gov) and if you are interested in joining AMA go to: [www.AMAJOIN.com](http://www.AMAJOIN.com)



# THE BARGAIN BASEMENT

## 4 SALE: Corbin seat:

Fits Can-Am RS model's

Purchased in April 2013 removed from bike on the trade in for ST model in 2015

Paid \$843.00 for the three piece set asking \$600.00



Contact Scott Orban at 631 344-5520 or [orban@bnl.gov](mailto:orban@bnl.gov)



**4 SALE:** Heavy set of brown leathers. Jacket, chaps, vest, and two fleeced lined bibs. The jacket and vest have different eagle/flag sewn into them.

Custom made in 2010. Paid \$820.00, Asking \$600.00

Contact Scott Orban at 631 344-5520 or [orban@bnl.gov](mailto:orban@bnl.gov)

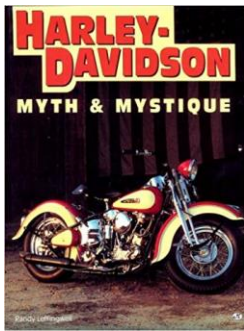
(Model not included)



# THE BARGAIN BASEMENT

**4 SALE:** I have 2 gently used Leather Jackets (size: medium) and 1 New pair lined Leather pants (size 36) unfinished bottom. Best serious offers only...\$\$

Contact Charles Gardner at 631 344-3574 or [cgardner@bnl.gov](mailto:cgardner@bnl.gov)



**FREE:** Harley-Davidson: Myth & Mystique

Hardcover – August 1, 1995

This book does not focus on the Harley-Davidson "lifestyle," nor is it a corporate history. Rather, it is a close-up look at several of the motorcycles that have been Harley-Davidson's "greatest hits" over the past 90 years, telling why these bikes have such appeal. 220 photos & illustrations, 200 in color. Sells (used) for \$2.12 on Amazon – It's yours Free!

Contact Scott Restmeyer: [srestmeyer@bnl.gov](mailto:srestmeyer@bnl.gov) or Ext 5015

**4 SALE:** 2002 Harley Davidson Firefighter Special Edition

FLHTCUI Ultra Classic Electra Glide - Scarlet Red, 26K miles, \$11,000. Excellent condition

**2000 Heritage Softail Springer**

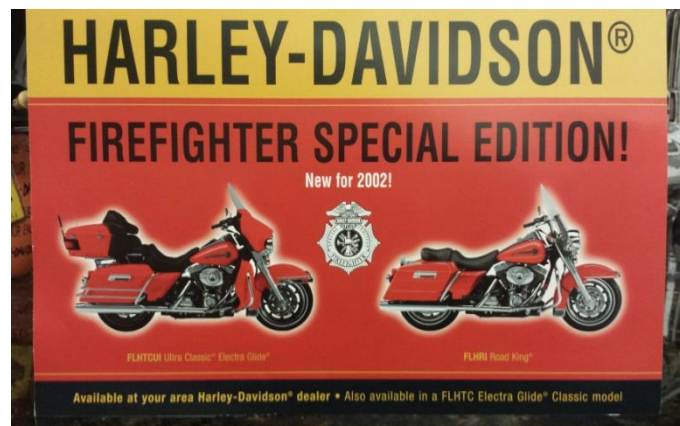
Ruby Red, 6K miles, \$13,000.

Excellent condition

Contact Info:

Paul – Home: (631)363-6289

Cell: (631)291-3466



# Upcoming Events

**3/8/18, 12:00pm**  
**Bldg 400, Conference room**  
**Cycletrons' monthly meeting**

Watch your email for reminder and location

**3/13/18, 6:30pm**  
**Lake Ronkonkoma Fire District Meeting Hall**  
**Long Island ABATE monthly meeting**

Located on the corner of Hawkins Ave and Portion Rd in Ronkonkoma. BBQ dinner starts at 6:30, meeting begins at 7:30.

**3/20/18, 12:15pm**  
**Northern Hemisphere**  
**Spring begins!**

Get ready to ride!

**3/21/18, 5:30pm**  
**Coram Country Lanes**  
**615 Middle Country Rd (Rte 25)**  
**Cycletrons' Bowling Night**  
2 hours of unlimited bowling and "refreshments" (Food will be served). \$25/member, \$30/non-member RSVP by 3/12 - srestmeyer@bnl.gov

**3/31/18, KSU 11:00 am**  
**L.I. Harley Riders – Nathan Hale VFW Hall 210 West Pulaski Road Huntington Station**  
**Bunny Ride to Winthrop Hospital**  
Bring a toy for a child (no candy).

**4/15/18, 9:30 - 11:00 am Registration**  
**H. Lee Dennison Bldg, 100 Vets Mem Hwy, Hauppauge**  
Motorcycle Awareness Ride. Pre-register online \$15/rider, \$10/pass. Day of event \$20/rider, \$15/pass. www.longislandabate.org

**Do you have an event you would like to post here? It does not have to be motorcycle related. Send the information to Scott Restmeyer at [srestmeyer@bnl.gov](mailto:srestmeyer@bnl.gov)**



# Announcements!

# 16 days until... SPRING\*

\*Day count calculated on March 4, 2018 at (40.870255, -72.921579)

Click [HERE](#) for countdown clock

## What?!

## You're not a member yet?

For just \$10/year, that's less than 84 cents a month, you can become a member of the Cycletrons Motorcycle Club and enjoy the benefits of riding with people who share your passion for motorcycling. So what are you waiting for? Contact Terri Diaz at 631 344-2970 or [tdiaz@bnl.gov](mailto:tdiaz@bnl.gov).

And visit our website at: [www.bnl.gov/bera/activities/mcycycle/](http://www.bnl.gov/bera/activities/mcycycle/)



Enjoying a friendly game of foosball in Greenport

**WE NEED STUFF!** Anything you want to contribute: Articles, reviews, personal experiences, pictures, items for sale, events, announcements, etc. Don't hesitate to send it in to Scott Restmeyer at [srestmeyer@bnl.gov](mailto:srestmeyer@bnl.gov). You'll be glad you did, and so will we!



# MEMBER SPOTLIGHT

There are 35 active Cycletrons members. Most still work at BNL. The rest are happily retired, but remain active in the club. With that many members spread out throughout the lab and the community, you could be talking to a fellow member and not know it (unless their focus changes to the distant sound of a cracking throttle). The Member Spotlight is a way to get to meet your fellow Cycletrons. While you may not learn if they like long walks on the beach or reading poetry by the fire, at least you may be able to put the name, to the face, to the bike.

This month's member spotlight is yet another long time member, and rider, Mike Stangel. Thanks for sharing Mike!

**T.C.:** How long have you been an employee of BNL?

**Mike:** 19 years.

**T.C.:** What department do you work in?

**Mike:** ITD.

**T.C.:** How long have you been a Cyclotrons' member?

**Mike:** Good question.

**T.C.:** Tell us about your family.

**Mike:** My daughter is out in Seattle and my son is still local.

**T.C.:** What was your first motorcycle?

**Mike:** Mostly Dirt Bikes then my first road bike was an Early 80's Suzuki GS 550.

**T.C.:** What do you ride now?

**Mike:** Victory Cross Country Tour.

**T.C.:** What is your favorite ride experience, and why?

**Mike:** When we rode out to Sturgis. It was my first long distance ride. At the time I was still riding a Honda VT1100 with a stock seat. When we were out there we rode hundreds of miles every day.

**T.C.:** Besides motorcycling, what is your favorite pastime?

**Mike:** I split my free time between riding and camping.

**T.C.:** What is your favorite quote?

**Mike:** Even a blind Squirrel finds a nut once and a while.

**T.C.:** If you could give a piece of advice to all riders, what would it be?

**Mike:** Ride defensively.

**T.C.:** Who would like to see in the spotlight next?

**Mike:** Charles Gardner.



Mike enjoying the view of Lake Superior



Who doesn't love a sale?

# The Fun Zone



## Bike Parts

X M R Q H F L O O R B O A R D  
 M B S P I R G Z R Y Z T G D Y  
 F Q I G J G F P R V N I A H C  
 W B F L M A D W D I J C I U Q  
 C C W F I G N P K N W U H D X  
 A C G R O Z A T H R O T T L E  
 A K I B J D T R T H Z K R O F  
 H N V M T N S J E W F L U F X  
 G N J I D H K C O V E V M D V  
 F J O X K W C W I N E L K S E  
 B I U S K A I Q O L X L I C Y  
 N H X G O W K A V X T S D R W  
 E S Z D Z H A N D L E B A R L  
 X G A B E L D D A S J N Q K Y  
 A O O O N R T I G O W K X P E

Bubba was out riding one fine day when his bike died on an isolated country road. Miles from anywhere, with no help available, Bubba was in trouble. Bubba RODE bikes, he didn't know how to fix them. The only sign of life was a brown horse and a white horse in a nearby field. Bubba walked around the bike, cursed, kicked the rear tire, and wondered whether his bike would be here if he went for help, when he heard a voice say, "Take off the carb bowl and clean the main jet!" Bubba spun around quickly, but saw no one. The only movement was the brown horse, shaking its head over the fence wire. "I said clean the main jet, Ace!" the brown horse said. This knocked Bubba on his ass. Eventually, Bubba figured he had nothing to lose, so he followed the horse's instructions and in no time his bike was fixed, fired up, and off he roared straight to the nearest bar. After downing a string of beers, the bartender came over and asked Bubba if there was a problem. "You won't believe this", Bubba began, "but a horse just helped me fix my bike". "Musta been the brown horse out on the county road", the bartender replied, his expression unchanged. "WHAT!" Bubba roared. "How'd you know that?" "Stands to reason", replied the bartender, "cause that white horse don't know anything about bikes".

- CHAIN
- FAIRING
- FLOORBOARD
- FORK
- GRIPS
- HANDLEBAR
- KICKSTAND
- LEVER
- SADDLEBAG
- THROTTLE

Find the words listed on the right. Words can be horizontal, vertical, diagonal or backwards