



February 2018
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Want to contribute to this newsletter?
Send your submissions to:
srestmeyer@bnl.gov

The CYCLETRON

A newsletter for the motorcycle enthusiast

A Message from Our Club President

By Scott Restmeyer
srestmeyer@bnl.gov

Well, we've made it to February. Not my favorite month of the year. But it does have some good aspects. One, It's the shortest month of the year. And two, it's not January. It's also a month we celebrate an American icon. His name invokes feelings of hope for a better day. Yes, I'm talking about Punxsutawney Phil.

Since I have nothing else to talk about this month, I thought I would share some interesting facts about Groundhog Day, Phil and groundhogs in general.

- The first Groundhog Day in Punxsutawney was held in 1886 and has been held each year since then.
- Approximately 40,000 people attend the Groundhog Day celebration in Punxsutawney, Pennsylvania each February 2nd.
- Punxsutawney Phil's weather predictions have been accurate approximately 39% of the time since 1887. He sees his shadow about 85% of the time.
- Other names for groundhogs include woodchucks, whistle-pigs and land-beavers.
- Groundhogs are members of the squirrel family and are the largest of all marmots. They can climb trees and swim very well.
- Average Size: 20" long with 6-7" tail, 6-12 lbs.
- Average Lifespan in the Wild: 3-6 years
- According to legend, If the groundhog sees a shadow, then it goes back into its burrow and winter will last 6 more weeks.
- Groundhogs are among the few animals that are true hibernators,

fattening up in the warm seasons and snoozing for most of three months during the chill times.

- To accommodate its bodacious appetite, woodchucks grow upper and lower incisors that can withstand wear and tear because they grow about a sixteenth of an inch each week.
- While hibernating, a woodchuck's body temperature can drop from about 99 degrees to as low as 37 (Humans go into mild hypothermia when their body temperature drops a mere 3 degrees, lose consciousness at 82 degrees and face death below 70 degrees).
- The heart rate of a hibernating woodchuck slows from about 80 beats per minute to 5.



So, armed with these facts, one has to ask, why would anyone, in their right mind, grab a sleeping, 12 pound "rodent" with large incisors and long claws and pull him out of his burrow, into the cold, during the early morning hours? There's really only one logical answer to this question. People love a good party.

According to Phil, we can expect another 6 weeks of winter. The Old Farmer's Almanac predicts a warmer than normal March and April, but May will be cooler than normal. Time will tell who is right. But by then we'll be riding again and won't care.

I hope you enjoy this month's newsletter. And, as usual, send me anything you would like to see in future issues.

WE NEED STUFF! Anything you want to contribute: Articles, reviews, personal experiences, pictures, items for sale, events, announcements, etc. Don't hesitate to send it in to Scott Restmeyer at srestmeyer@bnl.gov. You'll be glad you did, and so will we!

The Safety Zone
 With Scott Orban

Here we are, almost half way through winter. Riding season will be here before long. To prepare for the season ahead, here are a few links that will help get you into the right mindset:

[Essential trick to navigate corners faster if you need to: Trail Braking](#)

[5 Bad Habits on a Motorcycle](#)

[The 3 Deadliest Mistakes you can make on a Motorcycle](#)

[Do you run wide in corners on your motorcycle? This video may fix it.](#)

[How to perform a motorcycle u-turn](#)

[Why motorcycle gear?](#)

For information on available motorcycle safety training, contact Scott Orban at extension 5520, or email: orban@bnl.gov

Upcoming Events

3/8/18, 12:00pm
Bldg 400, Conference room
Cycletrons' monthly meeting
 Watch your email for reminder and location

3/13/18, 6:30pm
Lake Ronkonkoma Fire District Meeting Hall
Long Island ABATE monthly meeting
 Located on the corner of Hawkins Ave and Portion Rd in Ronkonkoma. BBQ dinner starts at 6:30, meeting begins at 7:30.

3/20/18, 12:15pm
Northern Hemisphere
Spring begins!
 Get ready to ride!

Do you have an event you would like to post here? It does not have to be motorcycle related. Send the information to Scott Restmeyer at srestmeyer@bnl.gov



Announcements!

39 days until...

SPRING*

*Day count calculated on February 8, 2018 at (40.870255, -72.921579)

Click [HERE](#) for countdown clock

THE BARGAIN BASEMENT

4 SALE: Corbin seat:

Fits Can-Am RS model's

Purchased in April 2013 removed from bike on the trade in for ST model in 2015

Paid \$843.00 for the three piece set asking \$600.00



Contact Scott Orban at 631 344-5520 or orban@bnl.gov



4 SALE: Heavy set of brown leathers. Jacket, chaps, vest, and two fleeced lined bibs. The jacket and vest have different eagle/flag sewn into them.

Custom made in 2010. Paid \$820.00, Asking \$600.00

Contact Scott Orban at 631 344-5520 or orban@bnl.gov

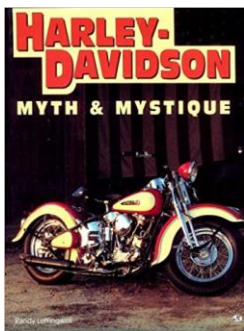
(Model not included)



THE BARGAIN BASEMENT

4 SALE: I have 2 gently used Leather Jackets (size: medium) and 1 New pair lined Leather pants (size 36) unfinished bottom. Best serious offers only...\$\$

Contact Charles Gardner at 631 344-3574 or cgardner@bnl.gov



FREE: Harley-Davidson: Myth & Mystique

Hardcover – August 1, 1995

This book does not focus on the Harley-Davidson "lifestyle," nor is it a corporate history. Rather, it is a close-up look at several of the motorcycles that have been Harley-Davidson's "greatest hits" over the past 90 years, telling why these bikes have such appeal. 220 photos & illustrations, 200 in color. Sells (used) for \$2.12 on Amazon – It's yours Free!

Contact Scott Restmeyer: srestmeyer@bnl.gov or Ext 5015



A little "cheese" at Claudio's Clam Bar in Greenport

What?! You're not a member yet?

For just \$10/year, that's less than 84 cents a month, you can become a member of the Cycletrons Motorcycle Club and enjoy the benefits of riding with people who share your passion for motorcycling. So what are you waiting for? Contact Terri Diaz at 631 344-2970 or tdiaz@bnl.gov.

And visit our website at:

www.bnl.gov/bera/activities/mcycycle/

BLAST From the PAST

This month's installment of Blast from the Past is from February of 2007. It should bring back memories for some, and be a short history lesson for others. Thanks to our contributor for sharing.

Enjoy.

*Minutes of the February 2007 meeting
of the Cycletrons
held February 1, 2007 at the Brookhaven Center*

*Decent turnout, seein' as how it's winter and all.
Good to see some folks that ain't been around for a while.
Shortest meeting ever.
If you'da gone into the bar to grab a beer, you mighta missed it.
I'm not sayin' I did...not sayin' I dint.
Jus' sayin' I don't have a whole lot written down here.*

*Prez Frank called the meeting to order at 5:10PM
(actually he told everybody to pipe down and listen up).
He reported that Trama's Motorcycle School is eager to resume training on site.
Frank is still working with the powers that be to get approval use the parking lot
behind the Crystal Palace. A couple of our members have expressed an interest in
becoming instructors - it would be great if we could get this going again, because we have a backlog of BNLeers who want to take
the Rider Course.*

*[Apparently some wags had begun referring to the newly constructed Research Support Building, Bldg 400, as the Crystal Palace.
It was erected on the former site of BNL's motorcycle training range. – Ed.]*

*Treasurer Bob reported that we have about \$190 in the bank. Ride Coordinator Bob was conspicuous by his absence; someone
said he was out shopping.*

*The whole thing was over by 5:13, and attendees resumed their conversations. A couple of people remarked sullenly that they had
nowhere to go after the meeting.*

[An apparent reference to the temporary shuttering of a local dive that had served as the Cycletrons unofficial clubhouse – Ed.]

*Kirstie won the 50-50, and with the Center offering half price burgers on Thursdays, she might have cleared a dollar or two on the
evening.*

Then Charles (the hardest workin' man in motorcycling) showed up. Too late. He'll just hafta read about it on the web site.

That's all I got.

*Respectfully submitted,
Billy
YerSec'y*



MEMBER SPOTLIGHT

There are 35 active Cycletrons members. Most still work at BNL. The rest are happily retired, but remain active in the club. With that many members spread out throughout the lab and the community, you could be talking to a fellow member and not know it (unless their focus changes to the distant sound of a cracking throttle). The Member Spotlight is a way to get to meet your fellow Cycletrons. While you may not learn if they like long walks on the beach or reading poetry by the fire, at least you may be able to put the name, to the face, to the bike.

This month's member spotlight is another longtime member, and longtime rider, Scott Orban. You have to agree; he took the ball and ran with it. Thanks Scott!

T.C.: How long have you been an employee of BNL?

Scott: One day I'll get to retire, I've been here since '09.

T.C.: What department do you work in?

Scott: National Synchrotron Light Source (NSLS-II).

T.C.: How long have you been a Cyclotrons' member?

Scott: Since 2010.

T.C.: Tell us about your family.

Scott: We're a family of 4, oh ya and a dog and three of our rides.

T.C.: What was your first motorcycle?

Scott: 1985 Yamaha Virago.

T.C.: What do you ride now?

Scott: It depends on the day of the week and where I'm going, 2012 Road glide, 2012 Fatboy, 1996 BMW R1100R. And Joni rides a 2015 Can-Am RTS.

T.C.: What is your favorite ride experience, and why?

Scott: Joni joined us on a 9 day ride for my 50th birthday, to the Blue Ridge Mountains; we rode the Tail of the Dragon, Little Switzerland, The Gauntlet, and Smuggler's Notch. And the reason that was my best ride is Joni saw how much I enjoyed riding. I now travel cross country.

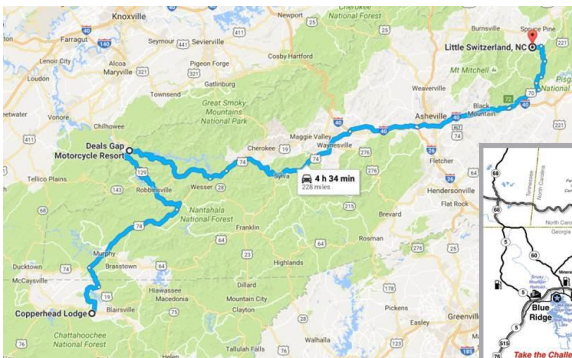


Scott during his 2017 Ozark trip

New Orleans 2012, Out with the old in with the new

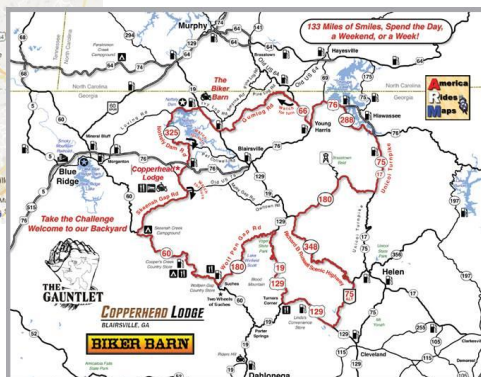


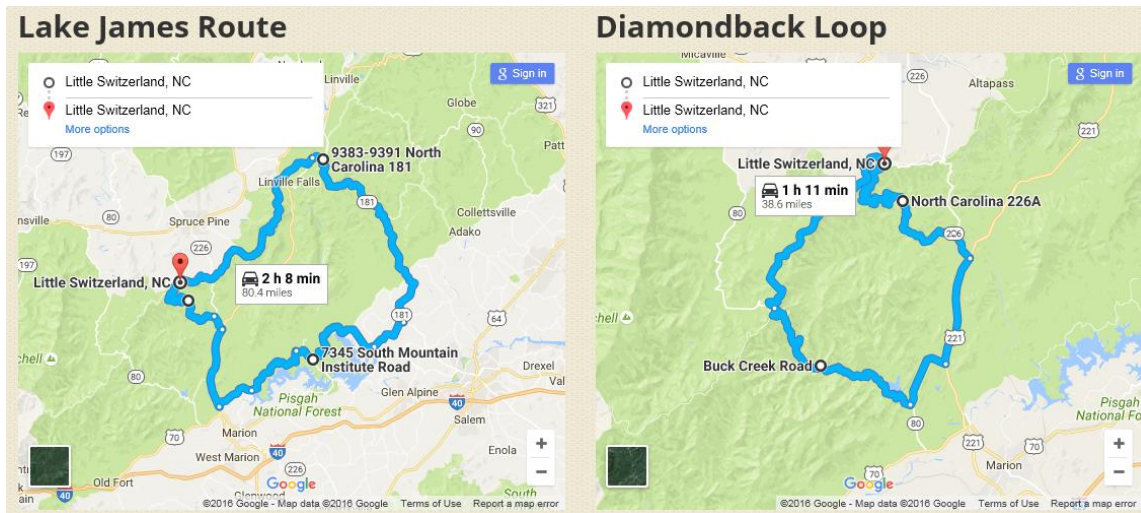
Here's Joni, out with the old in with the new
Ya Ya she keeps talking about trading me in also. LOL



The Gauntlet

<http://gauntletga.com/index.cfm?content=1&Menu=1>





Little Switzerland

<https://switzerlandinn.com/diamondback/>

T.C.: Besides motorcycling, what is your favorite pastime?

Scott: Drinking and eating.

T.C.: What is your favorite quote?

Scott: Live to ride, ride to enjoy life.

T.C.: If you could give a piece of advice to all riders, what would it be?

Scott: Keep your awareness to the maximum level, take safety classes.

T.C.: Who would like to see in the spotlight next?

Scott: Mike Stangel.



Lobster raviolis with clams & shrimp sauce



Slow cooked pork ribs



Beef stew



And when traveling, we kick it up a notch

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The Fun Zone



"Actually, you could say my injuries are motorcycle related. I sat on my grandmother's motorcycle, and she wasn't too happy about it."

While riding one day, alone Biker met a Farmer riding a horse with a dog and a sheep alongside.

The biker began a conversation

- Biker: "Hey, cool dog you got there. Mind if I speak to him?"
- Farmer: "Dogs don't talk."
- Biker: "Hey dog, how's it going?"
- Dog: "Doing' alright."
- Farmer: Look of shock.
- Biker: "Is this your owner?" pointing at the farmer.
- Dog: "Yep."
- Biker: "How does he treat you?"
- Dog: "Really well. He walks me twice a day, feeds me great food, & takes me to the river once a week."
- Farmer: Look of total disbelief.
- Biker: "Mind if I talk to your horse?"
- Farmer: "Horses don't talk."
- Biker: "Hey horse, how's it going?"
- Horse: "Cool."
- Farmer: Extreme look of shock.
- Biker: "Is this your owner?" pointing at the Farmer.
- Horse: "Yessiree Bob."
- Biker: "How's he treating you?"
- Horse: "Pretty good, and thanks for asking. He rides me regularly, brushes me down often, and keeps me in a shed to protect me."
- Farmer: Total look of utter amazement.
- Biker: "Mind if I talk to your sheep?"
- Farmer: "The sheep is a liar!"

Presidents of the United States

Find the words listed on the right. Words can be horizontal, vertical, diagonal or backwards

F P C F T U Q Q Y N Y K B H J
 O E Q Q Y I Y D L C C U E A R
 N M A R L F U T C G B W J B R
 K Q R S E Y A H A R D I N G Y
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 I B F N H W A Q K X T H I D N
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 Y I K I C P T D W C H T F K O
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ARTHUR
 FILLMORE
 GARFIELD
 HARDING
 HARRISON
 HAYES
 PIERCE
 POLK
 TAFT
 TYLER