

# BREA NEWS

[www.bnl.gov/bera/activities/brea/](http://www.bnl.gov/bera/activities/brea/)

Volume 15, Issue 3

May/June 2015

## BREA Meetings

BREA meetings are held on the second Tuesday of every month (except for August), at 1 p.m. in one of the conference rooms in Bldg. 400 (except where noted).

All BREA members are invited to attend and participate.

### Meeting Schedule

May 12, 2015

June 9, 2015

July 14, 2015

### BREA Officers

#### President

Ken Mohring  
[kenwadingriver@gmail.com](mailto:kenwadingriver@gmail.com)

#### Vice President

Liz Seubert  
[liz.and.ev@gmail.com](mailto:liz.and.ev@gmail.com)

#### Secretary

Louise Hanson  
[hanson.louise@gmail.com](mailto:hanson.louise@gmail.com)

#### Treasurer

Steve Shapiro  
[shapiro@bnl.gov](mailto:shapiro@bnl.gov)

\* \* \*

#### Newsletter Editors

Mona S. Rowe  
[mrowe@bnl.gov](mailto:mrowe@bnl.gov)  
Anita Cohen  
[afcohen@optonline.net](mailto:afcohen@optonline.net)

**BREA Luncheon**  
**Wednesday**  
**June 10, 2015**

Mail your  
check by June 1.  
See page 2 for details.



## From the President

by Ken Mohring, [kenwadingriver@gmail.com](mailto:kenwadingriver@gmail.com)

Welcome to the pre-luncheon issue of BREA News. I am again looking forward to seeing fellow retirees in the relaxed and friendly atmosphere of the Bellport Country Club. We are planning the luncheon to maximize the time that attendees will have to mingle with friends or acquaintances. For those who have not previously attended a luncheon, the country club is centrally located, easy to find, has near-the-door parking and provides a scenic view from the catering area. Please see page 2 for luncheon details and join us on June 10th.

At the May 12 regular monthly BREA meeting, we've invited two speakers to talk about after-retirement finances and answer your questions on the topic. One speaker, Mark Israel, Brookhaven's Director of Internal Audit, has ongoing tax and financial credentials. The other is an independent retirement-plan portfolio evaluator under contract to BSA. Mark has invited this additional resource because of the nature of some of our questions. This is not a forum to receive personal recommendations because everyone's circumstances are different. But both speakers will offer information that will

*(continued on page 3)*

# BREA Luncheon on June 10



*Date:* Wednesday, June 10, 2015  
*Time:* 12 noon to 4 p.m.  
*Place:* Bellport Country Club  
*Meal:* Hors d'oeuvres, salad, choice of beef, chicken or fish entree, dessert, coffee or tea, and soda (wine and beer at cash bar)  
*Price:* \$36 per person, must reserve and pay before luncheon

BREA will hold its 12th annual luncheon on Wednesday, June 10, 2015. This get-together for BREA members and guests is being organized by Lillian Kouchinsky, who says the event promises to be fun for everyone.

To make reservations, complete the bottom portion of this invitation and return it with your check in the amount of \$36 per person payable to BREA to the address below as soon as possible — but to be postmarked no later than June 1. Members who have not yet renewed for 2015 and would like to attend should also complete and return the membership form on page 4. For more information about the lunch, please contact:

Lillian Kouchinsky  
[lkouchin@yahoo.com](mailto:lkouchin@yahoo.com) or (631) 878-9167

Directions: From LIE eastbound, take Exit 65. From LIE westbound, take Exit 66. From either direction, follow the service road to Bellport Ave. and go south (Bellport Avenue becomes Station Road). From Sunrise Highway, take Exit 56 to Station Road and go south. In Bellport village, turn right on South Country Road. Bellport Country Club is on the left about 1/2 mile down the road. The club's phone number is (631) 286-4227.

 ----- detach here and mail to BREA at the address below -----

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone \_\_\_\_\_ Email \_\_\_\_\_

Spouse/Guest Name \_\_\_\_\_

For travel assistance, contact Lillian Kouchinsky at [lkouchin@yahoo.com](mailto:lkouchin@yahoo.com) or (631) 878-9167.

Amount enclosed: \$ \_\_\_\_\_

Mail form and check to: BREA c/o BERA  
 Brookhaven National Laboratory  
 Bldg. 400  
 Upton, NY 11973

# Free Medical Screening Program

*The Worker Health Protection Program (WHPP) at Queens College offers free medical screening to former workers at Brookhaven National Laboratory and other Department of Energy (DOE) sites who may be at an increased risk for illness due to working with or around hazards such as radiation, asbestos, lead, cadmium, lasers, noise and beryllium.*

The main goal of the medical screening is to detect illness at an early stage, when treatment is more likely to be effective. Findings are often helpful in claims under the Energy Employees Occupational Illness Compensation Program. Exams occur at a medical clinic in Suffolk County. Arrangements are made for those who live beyond Suffolk County.

## 2014 ANNUAL REPORT FORMER WORKER MEDICAL SCREENING PROGRAM



To date, WHPP has screened over 31,000 DOE workers and has provided over 49,000 exams at fourteen DOE sites throughout eight states. Participants are eligible to be re-screened every three years. Re-screening is recommended because occupational illnesses can develop many years after exposure stops.

WHPP is implemented by Queens College with funding from DOE, which recently extended the program for another five years. The 2014 DOE Former Worker Medical Screening Program report is available online at [energy.gov](http://energy.gov).

Brookhaven retiree Victor Cassella is also working with WHPP to let retirees know about the medical screening program. Contact Victor at (631)585-2084 or [nonno@optonline.net](mailto:nonno@optonline.net). Call (888)241-1199 to schedule your exam.

- Jonathan Corbin, Outreach and Clinical Coordinator, Queens College  
[Jonathan.Corbin@qc.cuny.edu](mailto:Jonathan.Corbin@qc.cuny.edu)

### ***President's Message (cont'd from page 1)***

assist all of us in our quest to best plan for the future. Please contact me at [kenwadingriver@gmail.com](mailto:kenwadingriver@gmail.com) or (631)929-6744 with your questions so the speakers can be better prepared and we can maximize the time we have at the meeting. Names of those asking questions will not be revealed.

Some aspect of the healthcare process always seems to require more attention. The Health Reimbursement Account (HRA), used for you to obtain Brookhaven's contribution to your health care expenses, should be regularly monitored. Whether you are using an automated payment/reimbursement process or an individual monthly payment /reimbursement process, you should maintain records so that you are assured to receive reimbursement for each of the twelve months of the year. Also, reimbursement dates may vary, so

verify when the monthly amount from an automatic reimbursement process was credited to your bank account or that you received a check. This will assure that money is not spent before it is received.

In the not-too-distant future, BREA will distribute a survey to determine the good and can-do-better portions of the new healthcare system. It is important that SelectQuote and, ultimately, Brookhaven Lab receive your input. In addition to BREA's survey you should participate when your providers ask you to take part in "service provided" surveys. These providers are highly regulated, and good or poor service experiences should be reported.

A reminder for veterans: check the VA for prescription drug coverage. That coverage may be a beneficial alternative.

- Ken Mohring, [kenwadingriver@gmail.com](mailto:kenwadingriver@gmail.com)

## Renew BREA Membership

The mailing label on your newsletter will show your membership status. If you see the year 2014, you need to renew your membership. Complete the form below to continue receiving the BREA newsletter. Consider five-year or lifetime memberships, which are discounted.

Membership type:

- annual (\$10)  
 5 years (\$40)  
 life (\$95)

Last name: \_\_\_\_\_

First name: \_\_\_\_\_ MI: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Check made out to BREA for \$ \_\_\_\_\_

Mail to:

Carmen Benkovitz  
 Membership Secretary  
 12 Sandy Drive  
 Smithtown, NY 11787

## In Memoriam

We deeply regret to inform you of the passing of the following retirees and a then-active employee (\*):

Val Fitch, 91, February 5, 2015  
 Robert Gottschalk, 80, January 31, 2015  
 Samuel Holbit, 57, March 16, 2015  
 \*Gary Miglionico, 55, October 11, 2014  
 Noelwah Netusil, 82, December 27, 2014  
 John W. Olness, 85, February 15, 2015  
 Grace M. Paquette, 92, March 2, 2015  
 Vannett Donald Pfeiffer, 79, February 18, 2015  
 Richard B. Setlow, 94, April 6, 2015  
 Janet Sillas, 85, February 26, 2015

More information may be found at BREA's "In Memoriam" website:  
[www.bnl.gov/bera/activities/brea](http://www.bnl.gov/bera/activities/brea)

To post an obituary for a deceased BNL employee or retiree, send name, date of death, any published obituary or a web link, and (optional) a photo to Anita Cohen:

Email: [afcohen@optonline.net](mailto:afcohen@optonline.net)

Snail mail: Use BREA's return address below.

## New Date for Plum Island Tour

Steve Shapiro has rescheduled the Plum Island tour for August 27, 2015. He already has a full roster from the previous notice in BREA News, but he will put you on a waiting list if you are interested in taking the tour. Contact Steve at [shapiro@bnl.gov](mailto:shapiro@bnl.gov).

## Volunteers Needed for Science Camp

The local council of Boy Scouts has organized a Science Day Camp at Baiting Hollow on August 17-21, 2015. Volunteers are needed to help with science activities. Times and dates are flexible. Contact Cliff Locks at (631)338-2114 or [clifflocks@yahoo.com](mailto:clifflocks@yahoo.com). For more information, go here: <http://goo.gl/euKWS7>.

### *Brookhaven Retired Employees Association*

BREA c/o BERA  
 Brookhaven National Laboratory  
 Bldg. 400  
 Upton, NY 11973

Phone: (631) 344-2873  
 E-mail: [brea@bnl.com](mailto:brea@bnl.com)  
 Web: [www.bnl.gov/bera/activities/brea/](http://www.bnl.gov/bera/activities/brea/)

